

Sexual Health Services

Services are available for those who identify as First Nations or Métis.



KTUNAXA HEALTH
NATION CLINIC

WEDNESDAYS
1:00 PM to 3:30 PM

220 Cranbrook Street N,
Cranbrook B.C.

Clinic entrance is via 3rd Street North

Call 250-420-2700, Option 2 to book an appointment.
If you're unable to book, drop in during clinic hours.

BIRTH CONTROL

Access many types of contraception.

WE CAN DISPENSE:

- The birth control pill (many different brands).
- The birth control shot.
- Birth control patches
- Birth control rings.

WE CAN PROVIDE:

- An IUD that lasts five years (intrauterine contraceptive device)

PREGNANCY

WE OFFER:

- Free Emergency Birth Control (Plan B / Morning After Pill)
This can be used up to 5 days after unprotected sex.
- Pregnancy testing
- Pregnancy options counselling, to provide information about parenting, adoption or abortion.

STI Testing & Treatment

(Sexually Transmitted Infections)

Early treatment can prevent further health complications and infertility.

You can access free STI testing and treatment (if needed) at the clinic.

STI tests can include a urine test, a swab, or a blood test. It's your choice.

Cervical Cancer Screening

“When was your last pap test?”

Pap tests can find abnormal cells in the cervix *before* they become cancer.

The test is free and can be done at the Ktunaxa Health Clinic.

Women (and others with cervixes) who are **between the ages of 25–69** should be screened every three years.