

Chelsea Luke

What do they do that inspires you?

- Takes care of us, cleans up, and helps with homework.

How have they changed your life?

- She is always there for us and teaches us.

Bonnie Harvey

What do they do that inspires you?

- She takes her job very seriously, learns and teaches the language, and takes time to teach kids at (?aqamnik)
- She has taken the initiative to further her education while working for KNC and running her own business.

How have they changed your life?

- She inspires me to be a better person and worker.
- Bonnie has taught me to listen, communicate, and help others. She brings so much of herself and her culture into everything she does

Gwen Phillip

What do they do that inspires you?

- Tenacity and a sense of inclusion in all her vision.

How have they changed your life?

- She was a gatekeeper to KNC with a lot of influence and peoples "ears".

Mary Jimmy

What do they do that inspires you?

- She was on council and now is starting her own beadwork shop.

How have they changed your life?

- She always has an uplifting message to share with the youth.

Edna, Cecilia, Trina Luke, and Caytlyn

What do they do that inspires you?

- These women have always been there for me. They have inspired me to be the good Ktunaxa man I am today with their endless support, and these are three women who are of Okanagan descent and have married into Ktunaxa.

How have they changed your life?

- Culture and tradition, my wife Trina has birthed our three children, my daughter Caytlyn is a strong young lady.

Sandra Luke

What do they do that inspires you?

- The many hats she can wear without a complaint. Ask her anything and she will do her best to help you.

How have they changed your life?

- She handles everything calmly and thinks before reacting. She showed me how to be helpful and thankful.

Dominique Nicholas

What do they do that inspires you?

- She is Very enthusiastic, loves working with and educating youth. She is an inspiration for the Ktunaxa youth.

How have they changed your life?

- Fulfilled our goal of having a Ktunaxa youth leader.

Priscilla Walkley

What do they do that inspires you?

- Continues to gain education ie. Masters Education, Special Ed. Diploma

How have they changed your life?

- She has a high value for education and is a strong part of her family.

Carrie Luke

What do they do that inspires you?

- She is accepting, inclusive and positive.
- She helps me with my homework and takes care of us.

How have they changed your life?

- She can always make me laugh.
- She has always been there for me.

Kathryn Teneese

What do they do that inspires you?

- She works tirelessly on behalf of the Ktunaxa Nation.
- She is so smart and always on the go, and is courteous, kind, and very polite.
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How have they changed your life?

- Respect the treaty, work together, and building a shared community.
- With Kathryn I believe change is possible. She is so inspiring and makes me feel alive.
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Alexis Vitaliano

What do they do that inspires you?

- She never gives up. Overcomes struggles and obstacles with strength, courage, and humbleness. Makes her education a priority along with balancing care and concern of family, community, employment and life. Does it all to give back to her community and family.
- She completed high school and is now in university getting her degree. She works two jobs and still managed to make the Dean's List.
- She cares for her family and works very hard to succeed and excel in everything she does.
- She completed high school, is now in university at the moment working towards her degree. Working two jobs and volunteering to work her way through university, and made the Dean's List.

How have they changed your life?

- She taught me about Ktunaxa culture, to be supportive, helpful, and listen. Inspires the lives of many Ktunaxa and non-Ktunaxa with her humbleness, determination, dedication to education, and success.
- Without her, who knows where I might be.
- She was one of my first students at the College of the Rockies and she made me as a "newcomer" to Cranbrook feel welcome.

Destyni Basil

What do they do that inspires you?

- Lives life to the fullest.
- She is on the band council.

How have they changed your life?

- She gave me rides to school.
- She drove me to carpentry school every day

Chantelle Jimmy

What do they do that inspires you?

- She helps her family and everyone else that she can.

How have they changed your life?

- By simply being there.

Bree Nicholas

What do they do that inspires you?

- Keeps me on my toes and keeps me laughing.

How have they changed your life?

- She reminds me how precious life is.

Sophie Pierre

What do they do that inspires you?

- My mom has inspired me in all aspects of my life. From how to be a strong healthy woman to how to be a good mom.
- She shows kindness to all citizens, makes each and everyone feel special, validates their opinions and makes them feel they are heard.

How have they changed your life?

- When making a decision I think about all the advice my mom has given me throughout my life. She has also been an inspiration to many other men and women in the Nation.
- Sophie has mentored me for over twenty years, she has taught me good governance and to always be open to listen and share with our members. She has encouraged me, challenged me to be my best. She provided me opportunities by bringing me with her to various conferences, meetings, etc. I had the privilege to be with her when she received the OBC.

Sancira Williams Jimmy

What do they do that inspires you?

- She is always there for her siblings and younger cousins; she pretty much raised herself, finished high school and her first year of carpentry.

How have they changed your life?

- She made my life better every day since the day she was born, she inspires me, and tells me when I'm being crazy!!

Cheryl Louie

What do they do that inspires you?

- She is always smiling and has a positive attitude.

How have they changed your life?

- She has been there for me when I needed her and showed me how to have a positive attitude.

Eva and Carmen Alexander

What do they do that inspires you?

- They keep me young by bringing out my inner child. Speaking the language and teaching us. They help care for their great grandpa, especially with him losing his wife; they give him hugs, get him tea, and remind him about his meds.

How have they changed your life?

- They taught us that no matter what happens life goes on. This keeps me going and encourages me to keep on making their regalia's. They changed me into a warm, caring, loving, and patient person.

Elizabeth Gravelle

What do they do that inspires you?

- She doesn't let others push her around or get away with anything.

How have they changed your life?

- She taught me to be a good person.

Anne Jimmie

What do they do that inspires you?

- She is a very proud Ktunaxa woman and is a very good mother, grandmother, and great grandma. She practices her traditions and language daily, and shares her knowledge when needed by others.
- She is traditional, speaks the language fluently and has been an inspiration to so many.

How have they changed your life?

- She has changed my life by being honest about things in life that have made her stronger, she has learned by her mistakes in life and hopes that others will follow. She lives a healthy lifestyle and always thanks her creator for her good, her mistakes, and being able to laugh at others mishaps in life. She believes that if you always look for positivity you will always succeed in what you want.
- She has inspired me to learn the language.

Tanya Francis

What do they do that inspires you?

- She helps troubled youth.
- She is an all-around great person.
- Tanya has always been there for me especially growing up. She took my brother, sister and I into her home, and does a lot for the community.
- She is very honest, hardworking, and wants to learn.
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How have they changed your life?

- She brought me into care and raised me for part of my teen years. "I am batman"
- She's helpful whenever I need her, and someone to listen.
- She is a good role model and is someone I can always talk to.
- She is patient and accepts me for who I am, no matter what my mood may be.

Naomi Leigh Johnson

What do they do that inspires you?

- She takes care of me and she's awesome.

How have they changed your life?

- By being there when I had no one there like my sister Brittany.

Eldene Stanley

What do they do that inspires you?

- She is part of the R.C.M.P and she is very strong.

How have they changed your life?

- By showing me I can do anything I put my mind to.

Vicki Thomas

What do they do that inspires you?

- She is very versatile.
- She is involved in a lot around the community and a much known reliable woman.
- Being able to be a part of various committees and not get overwhelmed.

How have they changed your life?

- She inspired me.
- She is involved in a lot around the community and a much known reliable woman.
- She provided me with the job I currently still have.
- She taught me a lot about the work environment from a youth to an adult.

Grandma (Lil)

What do they do that inspires you?

- She is always happy and always respects my choices.

How have they changed your life?

- She is always there for me when I need her.

Jenny Jacobs

What do they do that inspires you?

- She lives life to the fullest.

How have they changed your life?

- Funding and respect with self-teaching education in school.

Morgana Eugene

What do they do that inspires you?

- She moved away from home to pursue post-secondary, currently in her second year of business management, and is a full time mother of three.

How have they changed your life?

- She inspires me to be better in all aspects of my life (love, family, education, profession) and being the bestest friend ever! I love you Kanana.

Mary Basil

What do they do that inspires you?

- She inspires me to keep going as a leader, always knows when I am not okay, and knows how to make my day.

How have they changed your life?

- By making me stand on my own two feet and keeping me grounded.

Laura Birdstone

What do they do that inspires you?

- She keeps me motivated.

How have they changed your life?

- She is always there to keep me going.

Elizabeth Ignatius

What do they do that inspires you?

- She helps other people and enjoys being with kids.

How have they changed your life?

- She has helped me with knowledge of the traditions of our people.

Samantha Sam

What do they do that inspires you?

- She is independent, a hard worker, and always cares for others.

How have they changed your life?

- She gave me a place to call home for the time being, and helped me get my foot in the door with a job

Mary Basil

What do they do that inspires you?

- She is an awesome grandma.

How have they changed your life?

- She is Awesome.

Anna Gravelle

What do they do that inspires you?

- She taught me how to be good.

How have they changed your life?

- Ever since I was born I loved her.

Mary Mahseelah

What do they do that inspires you?

- She is a strong woman and chief for a long time.

How have they changed your life?

- She changed my life by being a strong leader and role model.

Savannah Peequaquat

What do they do that inspires you?

- She has helped a lot of people look for and find jobs.

How have they changed your life?

- She is a very kind hearted and caring person and it rubs off on everyone else.

Rosemary Phillips

What do they do that inspires you?

- As my mother she always pushes me to be my best self and to go as far as I can go.
- She is ambitious, driven, passionate, wise, caring, and compassionate.

How have they changed your life?

- She has always pointed me in the right direction in life.

- She has set such an amazing example for me, has always encouraged me, and helps change my life every day.

Gina Clarnoates

What do they do that inspires you?

- Lives a good lifestyle, she is a good teacher, and challenges herself.

How have they changed your life?

- She made me who I am today; she is a leader not a follower.

Margaret Teneese

What do they do that inspires you?

- Archivist Margaret loves her work and is very passionate about it. She looks forward to coming into work every day.

How have they changed your life?

- She has been open to me asking her questions of all sorts specifically spiritual, cultural, and philosophical. She is so knowledgeable and has helped make me a stronger woman.

Denise Walker

What do they do that inspires you?

- Her hard work and dedication while being a full time mom.

How have they changed your life?

- She has shown me that it's possible to be an amazing mother while spending most of her time working.

Debbie Whitehead

What do they do that inspires you?

- She has always helped when she can, she constantly thinks outside the box – Rather than look at why we can't do something she asks "why not?" and gets creative.

How have they changed your life?

- She makes me want to be a better person by always being there for others and asking for nothing in return.

Sancira Williams Jimmy

What do they do that inspires you?

- She is the best sister and is very caring.

How have they changed your life?

- She makes sure I don't get hurt.

Codie Morigeau

What do they do that inspires you?

- Confidently and firmly speaks her opinion – she clearly represents the interests of the nation and her sector, and her strength and passion inspires me.
- She is a very hard worker.
- Empowers others to continue with what they believe in.
- She is a hard worker and inspires all youth in the community.
- She shows leadership and compassion.
- Constant guidance and support.
- She doesn't give up on what she believes in.

How have they changed your life?

- Helped show me how to represent nation interests and make progress on key areas that may be difficult to work toward – Just because it is a hard topic doesn't mean it can't be handled well, with strength, and in a productive manner.
- She opened my eyes for the youth program
- Believed in what I can do in my job.
- She has changed my life for the better.
- She helps many people start their careers.
- She is inspiring.
- She inspires young women every day – including myself