

**HEALTH  
&  
WELLNESS FAIR**  
May 18th 10am-3pm

**YOU'RE  
INVITED**

**TO AN AWESOME DAY**

**Thousands of dollars in prizes - Food provided**

**220 Cranbrook St. North – Gymnasium**

### Things available @ the health fair



- Have your blood pressure taken
  - Have your blood sugar taken
  - Do Naloxone training
  - Review your immunization history and get up to date!
- AND SO MUCH MORE!**



### Service Providers

- The Ktunaxa Nation health clinic team + members from the Social sector
  - Yaqan Nu?kiy, Aqam and Tobacco Plains nurses.
  - FNHA mental wellness
  - FNHA health benefits
  - IH Seniors Mental Health
  - Quit Now BC
  - UPCC
  - College of the Rockies health programs
  - IH dental services
  - IH dietician services
  - Foot care nurse
  - IH mental health
  - STOP HIV
  - ANKORS
  - Options for Sexual Health
  - PCN social work
  - B.C. Cancer mammogram bus will be on site - appointment required
- AND MANY MORE!**

