



Please give to client to review before admission.

WHAT TO BRING

- Health Care Card and Extended Health ID
- Comfortable clothing sufficient for 4 days
- Appropriate sleepwear including socks or slippers for your feet
- Long distance phone card if you want to call long distance
- Toiletries: toothbrush, toothpaste, hair products, deodorant, hair dryer, shaving supplies, lotion (NO PRODUCTS CONTAINING ALCOHOL OR AEROSOLS WILL BE ALLOWED)
- If you smoke please bring enough cigarettes (in unopened packages) for 5 days. We do not allow opened packages of cigarettes brought in, chewing tobacco, hand rolled cigarettes, flavoured cigarettes, cigars. Nicorette gum or nicotine packages are acceptable but must be brought into the program new/unopened. E-juice brought into the program must be sealed and unopened.

WHAT NOT TO BRING

The following list contains items that clients are not permitted to have in their possession. If these items are brought into the program, they will be kept locked up until you complete the program.

- No outside food or drinks, including water, candy, or chewing gum
- No cell phones, computers, tablets, music equipment, televisions, i-pods, mp3 players, clock radios, cameras
- No expensive jewellery or excessive cash
- No hair dye, bleaching products, nail polish or remover
- No perfume, cologne, aftershave, strong perfumed lotions and bath products
- No alcohol or drugs
- No pictures or photos that depict alcohol/drug usage, violence or sex
- No weapons of any kind, including scissors
- No clothing that depicts alcohol, drugs, sex, or violence
- No straight razors and/or razor blades
- No pillows, blankets, sheets, towels, or stuffed toys
- No Zippos, lighter fluid or butane
- No E-juice that is alcohol or cannabis flavoured
- No short shorts, halter tops, shirts that show your midriff