



ART CHALLENGE

CALLING Indigenous people in Ktunaxa ?Amakis:

Let's see your **ART, VIDEO, SEWING** or **ANY** kind of **CREATIVE** project that talks about the **IMPORTANCE** of **PHYSICAL DISTANCING, HAND WASHING, SELF CARE, FAMILY LOVE, ELDER SAFETY, and MENTAL WELL-BEING.**

Here are some words & terms in Ktunaxa you can include:

yaptawsaqa: To be staying apart from others (such as a member of a family living away from the rest of the family)

kin ?iktquyi#ik?: Did you wash your hands?

?iktquyi#am: Wash your hands

kiktuquni-mu#: Soap

?aqa#xuniyam: Health

ksuki#xuni-nam: Good health

sa-niktu#mu: For there to be an epidemic of a particular disease in a village or camp.



Ktunaxa Kinbasket
Child & Family
Services Society

WEDNESDAY
APRIL
15

**SUBMISSION
DEADLINE**

Submit your entries to Tanya Francis-Stanley through the KKCFSS Facebook page, or by emailing her at tfrancis@ktunaxa.org.

You may win a gift card for your submission!

Deadline to submit Wednesday, April 15 @ 4:30 p.m.

CATEGORIES by AGE:

0-5 :: 6-10 :: 11-19 :: 20-25 :: 26-36 :: 37-47 :: 48-60 :: Golden Age 60+

If you send in a submission, you consent for KKCFSS to use your work as part of its outreach and to help children and youth understand the importance of these things.