

## **Community Healing and Intervention Program (CHIP)**

### **Fetal Alcohol Spectrum Disorder (FASD) Workshop Series**

- ✓ The Community Healing and Intervention Program offers the following workshop series regarding Fetal Alcohol Spectrum Disorder (FASD)
  - ✓ The workshop series consists of 7 modules; each module is 3 hours in length
  - ✓ The workshop series is comprehensive & cumulative; participants will learn the most by attending all of the modules
- ✓ CHIP workshops are designed to:
  - ✓ Be multi-sensory
  - ✓ Use the learners' multiple intelligences
  - ✓ Use a variety of instructional techniques
  - ✓ Be as interactive and participatory as possible
  - ✓ Target specific learning objectives
- ✓ To request a CHIP workshop, contact Lynnette Wray, CHIP Coordinator, Ph. 250-489-3373, Fax 250-489-3006, email: [chip@cyberlink.bc.ca](mailto:chip@cyberlink.bc.ca)

#### **Current Workshops:**

1. Introduction to Fetal Alcohol Spectrum Disorder (FASD): The Effects of Prenatal Exposure to Alcohol
  - Brain injury, organ damage, functional deficits, assessment process
2. FASD-Friendly Strategies: Using Picture Schedules & Social Stories
  - Why, when, where, and how to use picture schedules & social stories
3. FASD-Friendly Strategies: The Alert Program
  - Sensory defensiveness, strategies for self-regulating
4. FASD-Friendly Strategies: The Circles Program
  - Types of relationships, building relationships, relationship boundaries
5. FASD-Friendly Strategies: The Tough Kids and Substance Abuse Curriculum
  - Healthy/harmful/caution substances, feelings, community resources
6. FASD and the Legal System
  - FASD/legal system examples, recommendations for the legal system
7. FASD and Sexual Health Education
  - Teaching strategies, resources