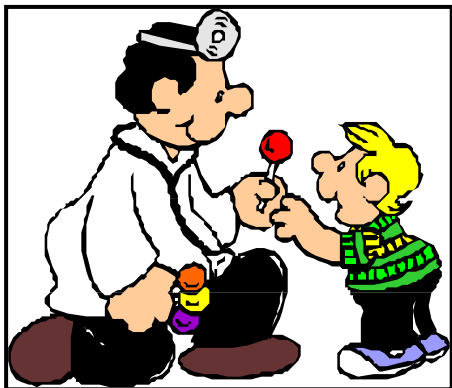


For Fetal Alcohol Spectrum Disorder (FASD), early assessment and early diagnosis are very important.

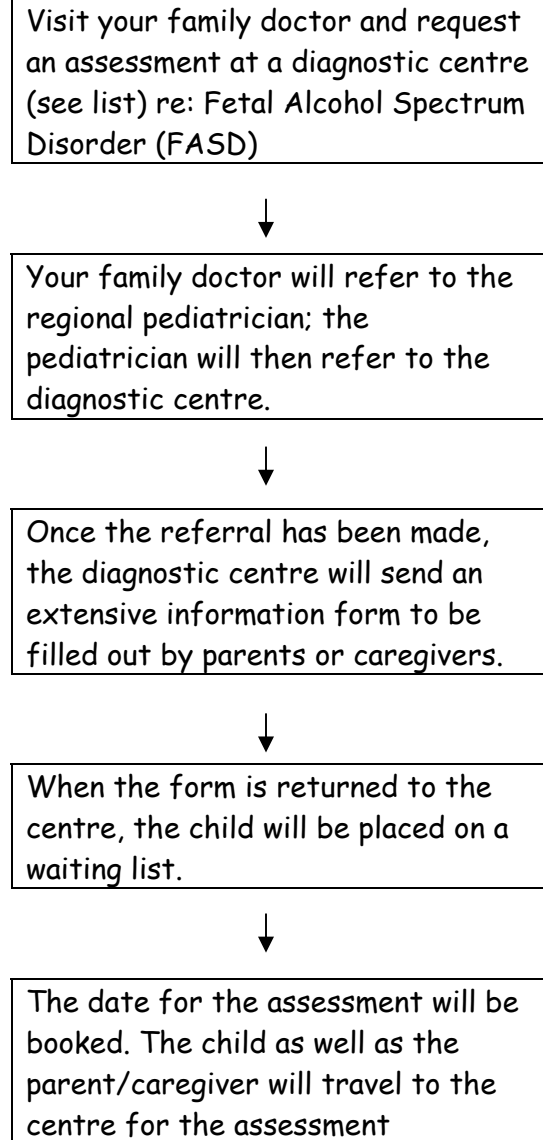
- Early assessment and early diagnosis form the foundation for early interventions.
- Early interventions (i.e. birth to 6 years) make the most of the brain's early development.
- Early assessment and early diagnosis may result in more support (e.g. at daycare, at school, with the legal system).
- Early assessment and early diagnosis can give parents/caregivers the tools they need to help their child.



It is very important that the child receives a complete assessment.

- A complete assessment will test the child's:
  - Hearing
  - Vision
  - Speech and Language
  - Movement and Coordination
  - Thinking and Reasoning Skills
  - Physical Development and General Health.
- During the assessment process, parents/caregivers will be asked to fill out forms (e.g. information forms, applications for travel assistance).
- The following people may be able to assist parents/caregivers with these forms:
  - Community Health Nurses/Advocates
  - School staff

### Assessment Process



### Diagnostic Centres

- 1) Sunny Hill Health Centre for Children
  - Vancouver, B.C.
  - Substance Exposure Resource Team
  - Ph. 604-453-8300
  - Prefer referral from pediatrician
  - Wait list:
    - Birth to 6 years: Wait list is 12 months
    - Over 6 years: Wait list is 18-24 months
  - Publicly funded
- 2) The Asante Centre for FAS
  - Maple Ridge, B.C.
  - Ph. 1-866-327-7101
  - Fee-for-service (e.g. \$1100-\$1500 to assess 3-4 year olds, \$3300 to assess adults)
  - Some public funding (i.e. children or youth in foster care)
  - Wait List: 3 months

### Diagnostic Centres cont'ed...

#### 3) Alberta Children's Hospital

- Calgary, Alberta
- FAS Diagnostic Clinic
- Ph. 403-943-7231
- Referral from pediatrician or family doctor
- Maternal alcohol consumption during pregnancy must be confirmed
- Wait list: 24 months
- Publicly funded

#### 4) MediGene Services Inc.

- Calgary, Alberta
- Ph. 403-571-0450
- Private clinic, fee-for-service
- \$2100.00-\$3600.00
- 8-20 weeks for assessment & reporting process

#### 5) Renfrew Education Centre

- Calgary, Alberta
- Ph. 403-202-6208
- Fee-for-service (e.g. \$2700.00 for full assessment)

#### 6) Kelowna FASD Diagnosis & Support Program

- Kelowna, B.C.
- Ph. 250-762-7790
- Fee-for-service

### Other Important Information

- Some family doctors may not have worked with children who have Fetal Alcohol Spectrum Disorder (FASD). Because of this, it is important that parents/caregivers have copies of information about their child to share with their family doctor.
- Information for family doctors may include records, assessments, and observations from programs such as infant development, daycare, school, and home.



### Some More Tips

- Parents/caregivers may need support to pay for travel and accommodations when attending the assessment appointment.
- To access support for travel and accommodations, parents/caregivers can talk with band staff (e.g. Community Health Nurses/Advocates).
- Also, the Travel Assistance Program (TAP) provides discounted fares for B.C. residents for non-emergency medical travel. Call TAP at 1-800-661-2668. The TAP forms are available at doctors' offices.
- Parents/caregivers can contact the diagnostic centre to ask about accommodations while attending the assessment ( e.g. Ronald McDonald House, Easter Seal House)  
*CHIP is funded by the Interior Health Authority, Aboriginal Health Services.  
CHIP is administered by the Ktunaxa Kinbasket Tribal Council.*

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## Assessing and Diagnosing Fetal Alcohol Spectrum Disorder (FASD) for East Kootenay Residents



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